

**BASIC PEER SUPPORT**

POST Course Number 2310-22650

STC Number 035-006588

The Training Bureau of the Sacramento County Sheriff's Office is presenting a twenty-four (24) hour, POST/STC certified course, Basic Peer Support. This course is for sworn and non-sworn members of law enforcement agencies. The program is primarily interactive augmented with intensive in-class material. Topics include:

Developing Good Listening Skills
Problem Solving
Relationship Issues
Communication Styles
Suicide/Depression
Post-Traumatic Stress
Substance Abuse

Location: Sacramento County Deputy Sheriff's Association
640 Bercut Drive
Sacramento, CA 95811
PLEASE PARK IN THE BACK OF THE BUILDING

Prerequisite: Must be an active member of a law enforcement agency, and recommended by immediate supervisor, and approved by Peer Support Board. *SSD personnel, please refer to page two for more information.*

Date/Time: April 20-22, 2020 September 21-23, 2020 *Both sessions run 8AM-5PM*

Fee: \$ 210.00 **Make checks payable to: SSDTTF**
(Sacramento Sheriff's Department Training Trust Fund, 1000 River Walk Way, Carmichael, CA 95608)
Payment is due by the first day of class. Cancellation policy requires a two (2) week notice prior to the class start date. No-shows and those canceling with less than two weeks notice will be charged the full tuition fee if no replacement student is found.

Students are requested to bring a list of referral resources that are utilized by their peer support team.

Attire: **All personnel shall display department or agency identification.**
Students attending this course are expected to dress appropriately:
Shirt with a collar, Jeans must be neat, clean, and in good condition.
No shorts, thong type shoes (flip-flops), beach wear or sweat pants.

For a registration form, directions to the Sacramento Sheriff's Office Training Facility, and recommended hotel accommodations, please see: In-Service Training at www.sacsheriff.com and complete the top portion of the course registration form, then return to the Sheriff's Training Bureau. Forms may be e-mailed to trainingcr@sacsheriff.com.