

Sign up today!



CODE 9 PROJECT S.H.A.R.E PROGRAM SELF-HELP AND RESPONSIVE EDUCATION

This interactive and informative workshop is brought to you free of charge by We Back the Blue, Shasta in conjunction with the Redding Police Department and Shield Regional Training Consortium.

The **Command Staff workshop** will provide information to agency leaders on how to integrate Command Staff as active participants in department and officer wellness, suicide prevention and PTSD awareness programming. It provides unique strategies for departments coping with the increase of officer PTSD, suicides and stress related absenteeism.

The **First Responder workshop** is a two-day, highly interactive program that provides an experiential education for coping, management and rehabilitation of cumulative Stress in the First Responder. Topics such as: general stress, PTSD, anger, fear, anxiety, health/wellness, communication and strategy will be addressed.

The **Family workshop** is a highly interactive one-day course rooted in stress education. Courses will be offered in identifying stress patterns, PTSD, stress management and family/ peer support.

Code 9 is International Association of Directors of Law Enforcement Standards and Training Certified. Each workshop is limited 120 people per session and is free of charge. First Responder identification will be required at entry.

WORKSHOP

Command Staff Training	March 24-25, 2020
First Responder Training	March 26-27, 2020
Family Day Training	March 28, 2020

TIME

8:00am - 5:00pm (all days)

COST

FREE

WHERE

Simpson University
2211 College View Drive, Room 204
Redding, Ca 96003

HOW TO REGISTER

visit <https://shield.training/>



CONTACT

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